

YORK GENERAL  
HEALTH CARE  
SERVICES

## Press Release

**TO:** Nebraska Hospital Association  
**From:** Tamara Sutton, Director of Marketing and Service Excellence 402-362-0400  
**Date:** Tuesday, September 18, 2007  
**RE:** Diabetes Fair

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### **Diabetes Fair**

It's that time of the year again, when the York Medical Clinic and York General Health Care Services will host their annual Diabetes Fair - Thursday, November 1, 2007.

Diabetes is a serious disease in which the body does not produce or properly use insulin. It is estimated that 20.8 million children and adults in the United States, or 7% of the population have diabetes.<sup>1</sup> No matter what type of diabetes you might have it can be managed. To help manage your diabetes get help from health professionals trained to focus on the variety of effects it may have on your life.

Every year York Medical Clinic and York General Health Care Services bring together health care specialists in a team approach to help patients and their families manage diabetes. The Fair is a half-day event providing free screenings, blood pressure checks, and body fat testing. This is an opportunity to receive valuable education and information on medications, monitors, pumps, foot care, and so much more. Come to this year's Diabetes Fair for information from a certified diabetes educator, exercise specialist, dietitian and other health professionals.

Mark your calendars and join us on November 1<sup>st</sup> from 8am to 1pm at the York Medical Clinic.

1. <http://www.diabetes.org/about-diabetes.jsp>