

Minority Health Month

Activities for the week of
April 20th—April 26th

Page 1 -A weekly flyer of health
related activities during April 2008

WIC Services, Dental Services and Immunizations. Available daily by appointment at Lincoln-Lancaster County Health Department. Open to the public. Call 402-441-8065 for more information.

STD Clinics are free and open to the public at Lincoln-Lancaster County Health Department. Tuesdays from 1:00-3:00 p.m., and Thursdays from 5:00-7:00 p.m. Call 402-441-8065 for more information.

April 21 - Health Disparities Poster Presentations. Events will provide awareness of specific health disparities affecting the Latino community and avenues for change. Onsite assessments that are related to poster topics will be offered. Location: Taco Morelos, 2101 Q Street, Omaha, from health disparities affecting the Latino community and avenues for change. Onsite assessments that are related to poster topics will be offered. Location: Taco Morelos, 2101 Q Street, Omaha, from 12:30 – 3:20 p.m. For additional information, contact Jose Villegas at 402-502-8876 or cell 402-681-4531.

April 22- Charles Drew Health Center annual fund raising dinner. Proceeds support the escalating costs of medical and dental care provided to Omaha's uninsured and underinsured patients. Guest speaker is Sarah Jones, an amazing entertainer that brings attention to our humanity through her life as a playwright and poet. Location: Forte Banquet and Conference Center, 1502 Cuming Street, Omaha. Social hour is 6:30 p.m. and dinner is at 7:15 p.m. Tickets are \$75.00 each. For additional information or tickets, call Judith Hill or Kristin Herrera at 402-457-1219, or kristinh@cdhcmmedical.com.

April 22- Health Station at The Gathering Place. Screenings for blood pressure, BMI, cholesterol and blood glucose as appropriate. Location: 1448 E Street, Lincoln, from 3:00—5:00 p.m. No charge and open to the public. For more information call Lincoln-Lancaster County Health Department at 402-441-8065.

April 22- Child Passenger Safety Seat Checkup. Sponsored by Lincoln-Lancaster County Health Department and Safe Kids. from 3:00-5:00 p.m. Call 402-441-8045 for an appointment between 3:00-5:00 p.m.

April 22- Health Disparities Poster Presentations. Events will provide awareness of specific health disparities affecting the Latino community and avenues for change. Onsite assessments that are related to poster topics will be offered. Location: Taco Morelos, 2101 Q Street, Omaha, from health disparities affecting the Latino community and avenues for change. Onsite assessments that are related to poster topics will be offered. Location: Taco Morelos, 2101 Q Street, Omaha, from 5:00 – 7:50 p.m. For additional information, contact Jose Villegas at 402-502-8876 or cell 402-681-4531.

About National Minority Health Month

Created in 2000, National Minority Health Month is designed to be a 30-day, high visibility, health promotion and disease prevention campaign. Conducted with and by community based agencies and organizations, this celebration reaches into urban and rural areas. Minority Health Month was designed to:

- ▶ Promote healthy lifestyles;
- ▶ Provide crucial information to allow individuals to practice disease prevention;
- ▶ Showcase the resources for and providers of grass roots health care and information;
- ▶ Highlight the resolution of the disparate health conditions between racial/ethnic minority and non-minority populations; and
- ▶ Gain additional support for the ongoing efforts to improve minority health year round.

Public and private partners throughout the United States will join Nebraskans in providing thousands of health activities developed to improve the health of minorities and to increase health awareness among minority citizens.



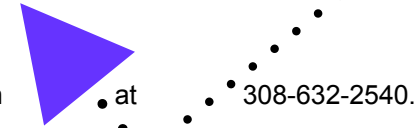
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April 23- Diabetes Update 2008 in Gering, Nebraska. For additional information, call Phyllis Smith



at 308-632-2540.

April 24- Heart Facts: Peripheral Vascular Disease. Learn how diagnosis and treatment of PVD can save your legs and life. Location: Wellness Works/ Por Su Salud at 5:30 p.m., Grand Island. For additional information, contact Doreen Foland or Luris Calero at 308-398-5050.

April 24- East Central District Health Department annual. Roberto Dansie, PhD, will be the keynote speaker and will bring an emphasis on cultural diversity. He is an award winning speaker, trainer and clinical psychologist, and a most eloquent and accessible contemporary authority on cultural diversity. Location: Eagles Club, 3205 12th Street, Columbus, starting at 6:00 p.m. For additional information, contact Rebecca Rayman at 402-563-9224 X210 or rrayman@ecdhd.com.

April 24- Clinic with a Heart. Health care for people who do not have insurance or access to care because of financial, legal, language or other barriers. Physicians, nurses, dentists and others provide health services at no charge. Walk in clinic. Location: 3901 N 27th Street, Lincoln, from 5:30—7:30 p.m. For more information, call 402-421-2924.

April 24-25 - Rebuilding Lives in Nebraska. The second annual brain injury conference will be at the Midtown Holiday Inn, 2503 S. Locust in Grand Island. Registration is \$75 for general/professionals; \$40 for person with brain injury or family member; or \$20 for additional family members and caregivers. Contact hours available – call Peggy Reisher at 402-486-8276 for information. For additional information, call 888-806-6287 or see www.braininjury.ne.gov.

April 25- Health Screenings. The Lion's Club will provide free eye and hearing exams, glucose, blood pressure and lung capacity screenings. Location Super WalMart, 3322 Avenue I, Scottsbluff, from 9:00 a.m.—3:00 p.m. For additional information, call 308-632-2540, extension 3268/3343 or 3171.

April 25- Health Disparities Poster Presentations. Events will provide awareness of specific health disparities affecting the Latino community and avenues for change. Onsite assessments that are related to poster topics will be offered. Location: Taco Morelos, 2101 Q Street, Omaha, from 12:00 noon – 2:50 p.m. For additional information, contact Jose Villegas at 402-502-8876 or cell 12:30 – 3:20 p.m. For additional information, contact Jose Villegas at 402-502-8876 or cell 402-681-4531.402-681-4531.

April 26– Addressing Health Disparities: Focus on HIV/AIDS. To inform health care providers about the roles of ethics, public health and clinical HIV/AIDS management in addressing health disparities. Seminar is for healthcare personnel. Continuing Medical Education credits are offered at no cost. Location: Creighton University, Hixson-Lied Science Building, G-04, from 8:00 a.m. – 4:30 p.m. Pre-register at <http://cme.creighton.edu>. Lodging available at Hilton Hotel, 402-298-3400. For additional information, call Reba Donahue at 402-280-2124 or rebadonahue@creighton.edu.

Prepared by the Nebraska Department of Health and Human Services, Division of Public Health, Office of Minority Health and Health Equity. Did you think of an upcoming activity to be included? Send to minority.health@dhhs.ne.gov. Not responsible for incomplete or erroneous information sub-

Latinas en Acción. Aerobic exercise and nutrition education for women in Omaha. These classes are held in Spanish. Child care is available on site. Cost is \$1 per class or \$10 per month. For additional information, contact Gabriela Ortiz at 402-660-1035.

Tues & Wed 9-10 a.m., St. Luke's Lutheran Church, 2315 I St
Wed 6-7 p.m., Grace Methodist Church, 2418 E St

Fri 9-10 a.m., Grace Lutheran Church, 1326 S. 26th St
Fri 6-7 p.m., Grace Lutheran Church, 1326 S. 26th St